

Abstract of competition instructions

- Address of the competition center is Säyryläntie 445, 42100 Jämsä. Traffic guidance from the Himos crossing of Highway 9, north from Jämsä
- Walking distance from parking is 1000 meters.
- Parking fee 5 €/car/day, paid in competition info
- Friday, the 27th of Sep is qualification race for class H21, first starts 20:15. Saturday, the 28th of Sep, final races start from 20:15
- Friday, the 27th of Sep is qualification race start distance from the CC is 2,1 km
- Saturday, the 28th of Sep has a pre-start. Distance to the pre-start from the CC is 1,9 km. Distance from the pre-start to the start is 900 m. Competitors are allowed to continue from the pre-start 25 min before their respective start times. Allow yourself enough time! There are toilets and water available at the pre-start.
- Bib numbers are in the competition center by the info desk. H21 B-finals use their qualification race bib numbers. Have your own safety pins with!
- Both Fri and Sat, there will be a transport for equipment from the start (Q) and pre-start (F). The equipment are found by the info after the race. Make sure that you have your own bag with you for the equipment transport and mark your bag with your identification label.
- Friday, the 27th of Sep, walking distance from the race finish to the CC is 1000 meters.
- Saturday, the 28th of Sep, walking distance from the race finish to the CC is 800 m.
- Remember to use all the additional services available, e.g. restaurant etc.

Map

Scale 1:10 000 for classes H/D15–21 and H/D35–40. Scale 1:7 500 for classes H/D45–85. Contours 5 m. Map maker is Timo Joensuu, Tietotempu Oy, 6-colour CMYK-printing 9/2019. Map size A3. Control descriptions printed in the map, separate also available. Organiser doesn't offer any attaching

Forbidden areas

In addition what rules state, forbidden areas are marked by white tape in terrain.

First aid

In the CC and in the terrain (printed in the competition map) Phone to first aid is 040 833726. Of course, in case of life threatening, call **112**.

Info

Info at the competition center opens at 17:00 Fri and 16:00 Sat. It is open until half an hour after last finish. Payments only in cash.

Washing and toilets

There are no separate changing rooms available. As a competition center is a 2800 m2 warmed festival tent, which can be used to change your orienteering gear.

Hotel sauna is available for washing for men and the beach sauna for women close to the CC. Swimming with your own risk. If you have rented a cottage nearby, it is recommended to use the facilities there.

There are 100 inside toilets in the CC. It is **ABSOLUTELY** forbidden to go to inside toilets with your studded shoes on!!!

Organisers

Event Director: Joonas Nurminen, 040 7789512

Media: Hilla Pitkänen

EA (SSL): Jaakko Lajunen

Course Controller: Jarmo Puttonen, Suunta Jyväskylä

Course Setter (Q): Jorma Jussila

Course Setter (F): Panu Kärkkäinen

Parking: Pekka Kuusipohja

Info: Mia Taini

Starts: Tommi Kuronen
Finish: Marko Pitkänen
Results: Tmi Timo Harju
Competition Center: Markku Laivanen
Safety: Jarmo Salonen
First Aid: Riikka Vallittu and Anna Kerkkonen
Announcers: Juha Taini and Jorma Taini

Jury:

Chair: Tuomo Marttinen
Member: Mari Väänänen
Member: Juha Koskinen

Welcome to LUMONITE Finnish Night Championships 2019'

Jämsän Retki-Veikot